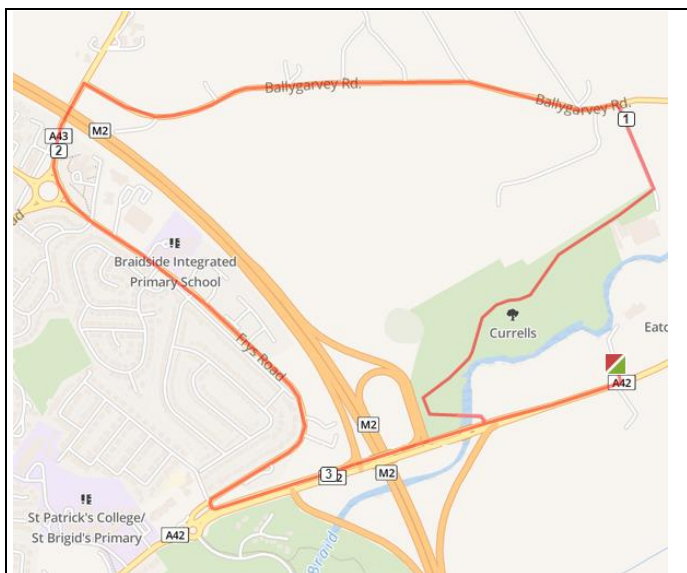


## Routes from Eaton Park (updated 15 July 2020)

### Ballygarvey Rd and Frys Rd (5.7km / 3.6m)

A circular route along the tree lined Currells Avenue and with one significant climb on Ballygarvey Rd.



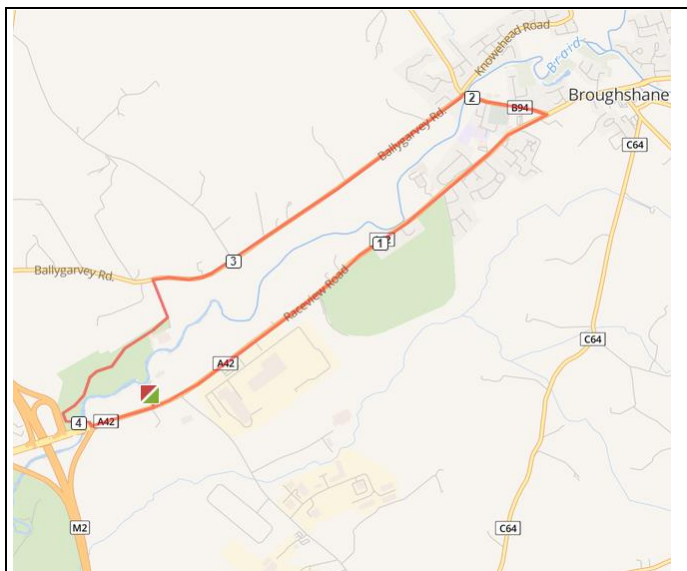
#### Start: Eaton Park

- From the carpark turn Right onto Raceview Rd towards Ballymena then
- Bear right before the motorway bridge onto a path leading through woods onto Currells Avenue then
- Left onto Ballygarvey Rd and up the hill to the end then
- Left onto Cushendall Rd to Roundabout then
- Left down Frys Rd then
- Left onto Raceview Rd and over motorway to the Finish.

#### Finish: Eaton Park

### Ballygarvey Rd and Currells Avenue (7km / 4.3m)

A quite flat circular route to Broughshane and back along a quiet country road and tree lined path.



#### Start: Eaton Park

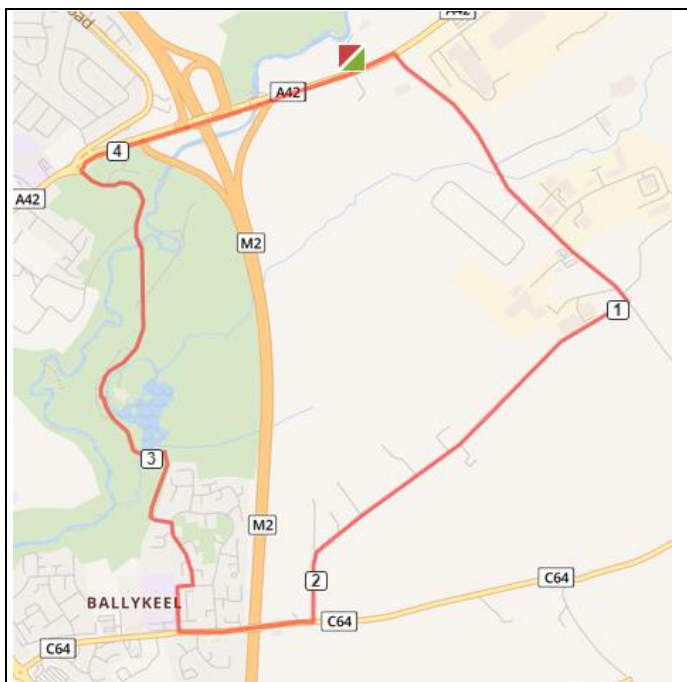
- From the carpark turn Left onto Raceview Rd and into Broughshane then
- Left onto Knockan Rd then
- Left onto Ballygarvey Rd then
- Left onto Currells Avenue and at the end keep right onto a path then
- Follow this path back onto Raceview Rd then
- Left onto Raceview Rd to Finish

#### Finish: Eaton Park

## Routes from Eaton Park (updated 15 July 2020 )

### Bog Rd and Ecos (7.4km / 4.6m)

A circular route taking in the quiet Bog Rd and ECOS with a few short climbs on the Bog Rd.



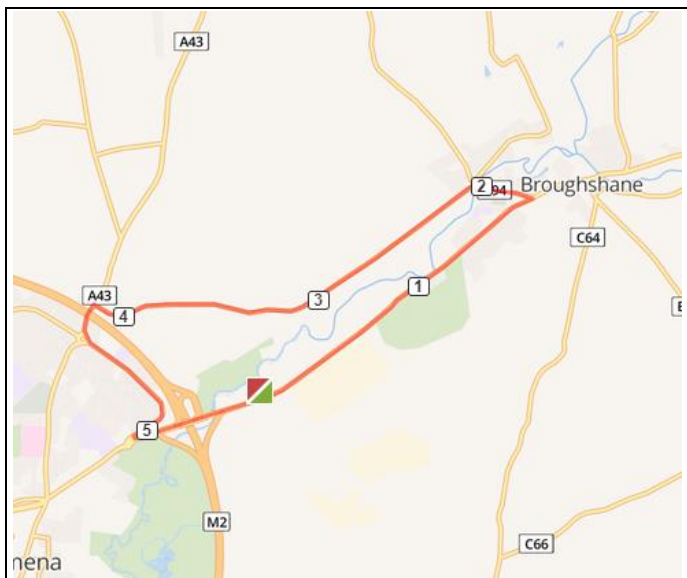
#### Start: Eaton Park

- From the carpark go Left and then Right onto the Woodside Rd then
- Right onto the Bog Rd then
- Left onto Crebilly Rd then over the motorway and then
- Right onto Shetland Gardens then
- Left onto Orkney Drive then
- Left onto Colonsay Park at the end of which is a short path into ECOS then
- Right along the path and then left up to the ECOS Centre on Kernohans Lane
- Follow Kernohans Lane to the roundabout and then
- Right onto Raceview Road to the Finish

#### Finish: Eaton Park

### Ballygarvey Rd and Frys Rd (9.3km / 5.8m)

A circular route taking with one significant climb on the scenic Ballygarvey Rd.



#### Start: Eaton Park

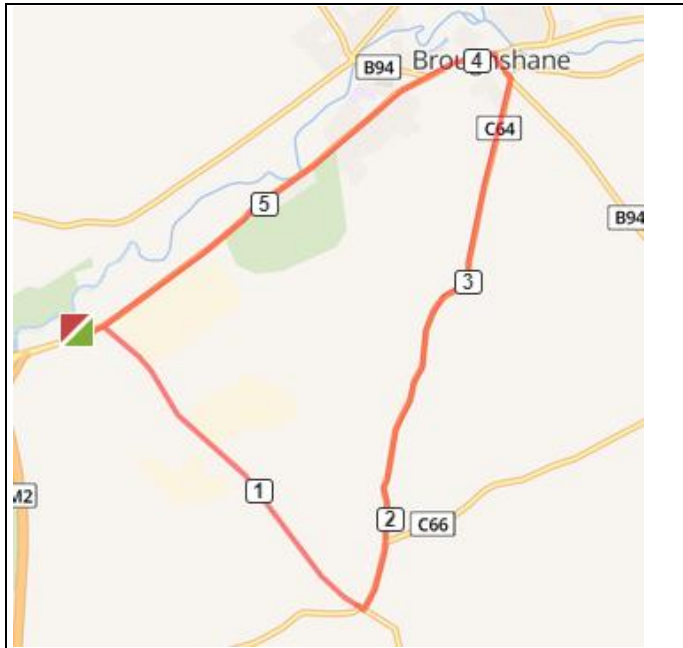
- From the carpark turn Left onto Raceview Rd and into Broughshane then
- Left onto Knockan Rd then
- Left onto Ballygarvey Rd then
- Left onto Cushendall Rd to Roundabout then
- Left down Frys Rd then
- Left onto Raceview Rd and over motorway to the Finish.

#### Finish: Eaton Park

## Routes from Eaton Park (updated 15 July 2020 )

### Woodside Rd and Caherty Rd (9.5km / 5.9m)

A circular route taking in a long tough climb on Woodside Rd and the scenic but undulating Caherty Rd.



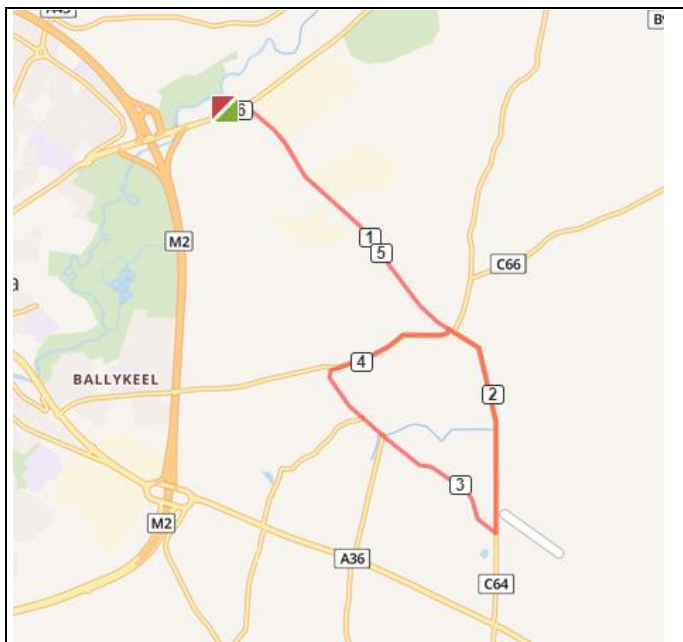
#### Start: Eaton Park

- From the carpark go Left and then Right onto the Woodside Rd to the top of the hill then
- Left onto Caherty Rd into Broughshane then
- Left onto Ballykeel Rd then
- Left onto the main street (Raceview Rd) through Broughshane then
- Follow Raceview Road back out to the Finish

#### Finish: Eaton Park

### Woodside Rd and Kennelbridge Rd 10k(10km / 6.2m)

A circular route taking in a long tough climb on Woodside Rd and the scenic but undulating Caherty Rd.



#### Start: Eaton Park

- From the carpark go Left and then Right onto the Woodside Rd to the top of the hill and onwards then
- Right onto Tully Rd then
- Left onto Kennelbridge Rd then
- Right onto Crebilly Rd then Left onto Woodside Rd then
- Follow the Woodside Rd back down and retrace the route to the Finish

#### Finish: Eaton Park